Broadford Primary School

Believe in Yourself

Respect

Responsibility

Life long learning

Happiness

Community



Term 3, Week 7, Friday 28th August 2020

A Word From Mrs Cooney......

You are a Super Hero

Today we are celebrating **BPS Super Hero Day**. Throughout this term students, families and staff have all been amazing super heroes adapting to remote learning and adjusting to a different way of life. Each and every one of you has shown your own super powers over the last few months by showing kindness, resilience, perseverance and empathy. As a school we really appreciate the work you are doing to support your child's learning and understand how difficult these times are. I am very grateful to our dedicated staff and the enormous amount of work they are doing. Please 'hang in there' everyone - continue to attend Webex meetings, watch the learning videos in their entirety (they are designed to help you learn), upload the required tasks and work hard on your learning. Together we can do this!



BPS Theme Weeks

To put a bit of variety into learning for the last 3 weeks of the term we will be having a weekly theme. Our wonderful specialist teachers have planned an additional activity each day for any students who wants something extra to do. The theme for week 8 is 'Happy Campers'. You will find these additional activities on Compass. Ms Henry is also planning a very exciting whole school challenge with house points up for grabs so watch today's edition of BPSN for more information.

From the Resilience Project:

We know how good we can feel when we practise Gratitude.

All you need to do is answer the following two questions;

What went well for you today?

What are you looking forward to about tomorrow?

Complete these two questions, aiming to answer them everyday. Here's the best bit; research tells us that in 21 days your brain begins to scan the world for the positives. In fact we become 3 times more likely to notice a positive than a negative!

For more inspiration about the benefits of gratitude you can watch the following clip - <u>Watch Now - Say</u> <u>Thank You</u>

Have a great weekend.

Mrs. Cooney







Remote Learning



Student Wellbeing / Supports

GRATITUDE

GRATITUDE GEM CHAT QUESTIONS

- What were three things that went well for you today?
- Who is someone you feel really grateful for today?
 Tell us why.
- What is it about our home that makes it our home/special family place?
- What is something you are looking forward to tomorrow?







https://

Family Wellbeing and Supports

Parentline

What we do

Our qualified counsellors are available to:

talk about any issues to do with parenting and your relationships with your child

help you with ways to cope and be a positive parent

help with your family's wellbeing and resilience

connect you with services in your area.

Some reasons to ring Parentline

We can discuss a range of issues about parenting, including:

child behaviour and development

parent / carer child relationships

education

bullying

living with teenagers

family violence

family breakdown

parental stress

Here are some examples of when Parentline counsellors have explored solutions with callers:

'My 8 and 10 year old continuously fight.'

'My stepchildren ignore me.'

'My 10 year old daughter is on the internet a lot and I am not sure what she is doing.'

'I read my daughter's Facebook – she said that she doesn't want to live anymore.'

'My son seems very fearful and anxious, and I'm worried he's not coping.'

Reach Out: Pare nts coaching - offers free online coaching to parents and carers of teenagers. If you're worried about your relationship with your teenage child, or worried about your child's wellbeing or behaviour, coaching can give you strategies to help.







BOOK CLUB IS COMING!

We're really excited to have **BOOK CLUB** running this term! But, there are a couple of things we've had to do differently!

For this issue only it will be a **digital catalogue** rather than the printed catalogues you're used to receiving.

To find the catalogue, go to:

https://scholastic.com.au/media/5667/bc-620.pdf

Once you've made your selections, you can order through the LOOP page:

https://mybookclubs.scholastic.com.au/Parent/Login.aspx

You will still have access to the wide selection that Book Club has to offer.

Go to LOOP to place your order as normal by:

4/9/2020

Unfortunately as we are unable to receive the orders back to our school, you will need to have your order delivered to your home address for a fee of \$5.99.

If you have any questions or queries, please contact:

Scholastic Customer Service on 1800 021 233

Photos of Remote Learning

If you have any photos of your child/children doing home learning and would like to see these in the newsletter please send your photos through to

Mrs Burgess by email:

affra.burgess@education.vic.gov.au